



AVIAN FLU

- ❖ An infection caused by avian (bird) influenza (flu) viruses that occurs naturally among some species of birds
- Avian flu viruses do not usually infect humans, but human infection with bird flu has been documented
- Most documented cases result from direct or close contact with infected birds or contaminated surfaces

Concern: While influenza epidemics occur around the world every year, some experts are concerned that this strain of avian flu could mutate into a new form capable of causing a pandemic



PREVENTION

- There is currently no specific vaccine for the H5N1 strain of avian flu
 - Development underway by NIH and others
- ❖ Antiviral medication exists, oseltamivir (Tamiflu), but is in short supply
- There are a number of measures that can be taken to prevent infection

Individuals and Families:

- Practice good hand hygiene
- Remain several feet away from people who exhibit signs of respiratory illness
- Keep plenty of food and supplies available
- Maintain awareness of public news and warning notifications
- Remain self-contained when feeling ill



PREVENTION

BUSINESSES:

- Maintain awareness of public news and warning notifications
- Develop or update emergency plans
- Work with health officials on ways to protect employees
- Identify essential personnel and look to alternative work methods (telecommuting)

COMMUNITIES:

- Review available resources that are in place
- Build upon emergency plans in preparation for an illness outbreak
- Identify potential barriers in communication and medical care



THE NAVY RESPONSE

Currently, BUMED and CNI are working together through an Avian Influenza Working Group to construct formal preparedness packages for avian influenza

Efforts include...

- Updating Continuity of Operations (COOP) and Emergency Operations Center (EOC) plans
- Establishing Regional and installation EM working groups
- Designating Regional and installation Public Health Emergency Officers (PHEO)
- Forming recommendations on stockpiling food and supplies



REGIONAL AND INSTALLATION RESPONSE

- Regional and installation leadership should begin taking the following measures to prepare for avian flu
 - Identify and coordinate efforts through Regional PHEO
 - Update/develop Regional/Installation COOP and EOC plans
 - Develop/update Fire & Emergency Services plans
 - Develop/update Emergency Management plans
 - Participate in EM working groups
 - Participate in pandemic influenza preparedness exercises
 - Update AT plans



ADDITIONAL RESOURCES

For more information, visit the following websites

http://www.pandemicflu.gov/

http://www.cdc.gov/flu/pandemic

http://www.who.int/csr/en

http://www.deploymentlink.osd.mil/medical/medical_issues/immun/avian_flu.sh tml

http://www-nehc.med.navy.mil/prevmed/PM/PM_AvianFlu.htm